

NAMI Iowa

5911 Meredith Drive, Suite E
Des Moines, IA 50322
www.Namilowa.org 800-417-0417

The National Empowerment Center

599 Canal Street
Lawrence, MA 01840 800-769-3728

Mental Health America

2000 North Beauregard Street, 6th Floor
Alexandria, VA 22311 800-969-6642

The National Mental Health Consumers' Self-Help Clearinghouse

1211 Chestnut Street, Suite 1207
Philadelphia, PA 19107 800-553-4539

Parent Training and Information Center of Iowa (PTI)

321 East 6th Street
Des Moines, IA 50309 800-450-8667

Project Harmony (Sexual Abuse)

..... 402-595-1326

Ponca Tribe of Nebraska

1001 Avenue H
Carter Lake, IA 51510 712-347-6781

Social Security Administration

U.S. Department of Health and Human Services
..... 800-772-1213

Special Needs Grants

..... 515-270-2205 Ext. 141

Suicide Hotline

..... 800-784-2433

Ted E. Bear Hollow

A Center for Grieving Children
2511 North 73rd Street
Omaha, NE 68104 402-502-2773

YWCA (Domestic Violence)

..... 402-595-1326

LEGAL SERVICES

Adult Protective Services (APS)

417 East Kaneshville Boulevard
Council Bluffs, IA 51503 712-328-5661
..... 877-683-0323

Child Protective Services (CPS)

..... 800-362-2178
..... 515-281-3240

Iowa Client Assistance Program (CAP)

Division of Persons with Disabilities
Department of Human Rights
Lucas State Office Building
Des Moines, IA 50319
..... 800-652-4298 (Voice/TTY)

Iowa Legal Aid

1111 – 9th Street, Suite 230
Des Moines, IA 50314 800-532-1503
..... 515-280-3636 (Voice/TTY)

ASK Family Resource Center

321 East 6th Street
Des Moines, IA 50309 800-450-8667



1-800-ALEAGENT
1-800-253-4368
Alegent.com

Bergan Mercy · Immanuel · Lakeside
Mercy/Council Bluffs · Midlands/Papillion
Community Memorial/Missouri Valley
Memorial/Schuyler · Mercy/Corning
Alegent Health Clinic/44 locations

Alegent Health is a faith-based health ministry sponsored
by Catholic Health Initiatives and Immanuel Health Systems.

**Iowa Mental Health
and Substance Abuse
Advocacy Services Guide**



This is your healthcare

Alegent Health is the largest provider of comprehensive mental health and substance abuse services in Nebraska and southwest Iowa. Through our Psychiatric Associates Clinics and Mental Health Services, we offer a comprehensive continuum of care for children, adolescents, adults, and the geriatric population. Our commitment to caring for the mentally ill extends beyond our service to the community. We also make it a priority to ensure that every individual in need of assistance is aware of the resources available within their community. This guide provides a listing of the services available through Alegent Health and many other organizations that advocate for those dealing with mental illness and /or substance abuse.

Alegent Health Information and Referral Line

Available to provide information to individuals seeking psychiatric services 24 hours a day, seven days a week. Staff can help the caller identify the appropriate services and assist them in accessing the services needed.
402-717-HOPE (4673)

Alegent Health Psychiatric Emergency Center

Registered nurses are available 24 hours a day, seven days a week to provide crisis intervention for emergent psychiatric concerns and assist individuals in obtaining the appropriate help.

402-717-HOPE (4673)

Alegent Health Mental Health Services

Acute inpatient and residential treatment

Alegent Health Immanuel Medical Center
6901 North 72nd Street
Omaha, NE 68122-1799
402-717-HOPE (4673)

Alegent Health Mercy Hospital
800 Mercy Drive
Council Bluffs, IA 51503
402-328-5311

Alegent Health Psychiatric Associates Clinics

(Locations throughout northeast Nebraska and southwest Iowa)

Call 402-717-HOPE for a listing of locations.

Alegent Health Immanuel Heritage Center

For individuals age 55 and older suffering from depression, cognitive impairment and age related physiological disorders.

6901 North 72nd Street
Omaha, NE 68122
402-572-2534

Alegent Health Residential Treatment Center

For adolescents age 7-18 years that do not meet the medical requirements for acute inpatient treatment, but need highly structured, 24-hour supervision.

Alegent Health Midlands Hospital
11111 South 84th Street
Papillion, NE 68046
402-593-3722

Alegent Health Psychiatric Medical Institute for Children

Serves adolescents ages 12-18 years with substance abuse, behavioral and psychiatric problems.

359 Indian Hills Drive
Glenwood, IA 51534
712-527-2044

SUPPORT SERVICES

Alliance for the Mentally Ill
5911 Meredith Drive, Suite E
Des Moines, IA 50322 800-417-0417

Alzheimer’s Association – Midlands Chapter
1941 South 42nd Street, Suite 205
Omaha, NE 68105..... 402-502-4301
..... 800-272-3900

The Arc of Iowa
P.O. Box 1096
Cedar Rapids, IA 52046.....800-362-2927

Autism Society of Iowa
4549 Waterford Drive
West Des Moines, IA 50265 515-327-9075
..... 888-722-4799

Brain Injury Association of Iowa
..... 800-475-4442

Center for Disabilities and Development
University of Iowa Hospitals and Clinics
100 Hawkins Drive
Iowa City, IA 52242..... 877-686-0031

Centers of Medicare and Medicaid Services (CMS)
7500 Security Boulevard
Baltimore, MD 21244.....410-786-3000

Centro Latino de Council Bluffs
300 West Broadway, Suite 6
Council Bluffs, IA 51503 712-323-1118

Deaf Services Commission of Iowa
Iowa Department of Human Rights
Lucas State Office Building
Des Moines, IA 50319..... 888-221-3724

Disability Resource Library
Center for Disabilities and Development
University of Iowa Hospitals and Clinics
100 Hawkins Drive
Iowa City, IA 52242..... 877-686-0031

Division of Mental Health and Developmental Disabilities
James D. Overland, Bureau Chief
Hoover State Office Building
1305 East Walnut Street
Des Moines, IA 50319..... 515-281-8908

Easter Seals
2920 30th Street
Des Moines, IA 50310 515-289-1529

Family Support Subsidy
Marion Kresse
Department of Human Services.....515-281-4522

Fred LeRoy Health & Wellness Center
2602 J Street
Omaha, NE 68107 402-734-5275

Inter-Faith Response, Inc.
25 South 15 Street, Suite 6C
Council Bluffs, IA 51501.....712-322-0531

Iowa Association of Community Providers
7025 Hickman Road
Urbandale, IA 50322 515-270-9495

Iowa COMPASS
Center for Disabilities and Development – S295 CDD
100 Hawkins Drive
Iowa City, IA 52242..... 877-686-0031

Iowa Federation of Families for Children’s Mental Health
Lori Reynolds
106 South Booth
Anamosa, IA 52205 888-400-6302

Iowa Program for Assistive Technology (IPAT)
Center for Disabilities and Development – S295 CDD
100 Hawkins Drive
Iowa City, IA 52242..... 800-331-3027

Iowa Protection and Advocacy Service, Inc.
950 Office Park Road, Suite, 221
West Des Moines, IA 50265 800-779-2502

Iowa Respite & Crisis Care Coalition
3821 – 71st Street, Suite A
Urbandale, IA 50322 877-255-3140

Iowa University Center for Excellence on Disabilities
Center for Disabilities and Development – 225 CDD
University of Iowa Hospitals and Clinic
100 Hawkins Drive
Iowa City, IA 52242.....319-356-1335

Iowans With Disabilities Exercising Advocacy Skills (IDEAS)
Center for Disabilities and Development – 140A CDD
100 Hawkins Drive
Iowa City, IA 52242..... 319-353-6448